

The Coastal Breeze



May-June 2013, Volume 2 Issue 2

BALBOA ISLAND CALENDAR

Sun. May 19

Sun. June 2,

Sat. June 8

Balboa Island Art Walk—South Bayfront 9 am—5 pm

Balboa Island Parade——11 am—2 pm

We Still NEED VOLUNTEERS & SPONSORS—Contact jcjackcallahan@gmail.com

WATCH FOR BRIDGE CLOSING!

Pancake Breakfast and Parade Awards Breakfast



SHOOTING THE BREEZE .. Carolyn Carr

SOS ... WILD AND CRAZY TACO NIGHT

My good friend **Bob McCaffrey** invited me, Mike and 40 of his friends to the **SOS Charity Event—Wild and Crazy Taco Night**. I am familiar with SOS because I am on their mailing list—but next year I am going to take some of my friends to this fabulous event! What a great evening!

We all arrived between 5:15 and 6:00PM at the new Hoag buildings on Superior where one of three constantly running shuttle buses ran us over to SOS. There we signed in and entered the event where **24 restaurants** had donated their time and created tacos made of everything from lamb, octopus, and rabbit to goat to the more pedestrian chicken and slow roast Tri-tip. But even the chicken and steak dishes were dressed up with things like mango and soy-ginger.



These weren't just any restaurants—and the actual chefs were there—everyone from the **Island Hotel, Tapas Fish House, the Golden Truffle, The Catch, The Quiet Woman, Newport Rib Company, Five Crowns, Orange Hill,**

Hyatt Regency Huntington Beach to the Yard House were represented—to name a few. And for dessert—Yum—Vijay's Cheesecakes! This is, as Bob called it—"an Oinkers delight"!

Every volunteer associated with this event said this was the best charity in the world. Because every dime went to help the people in need—not for administrative and other costs. They were VERY enthusiastic about SOS. I noted the place was spotless and even had a tv with a schedule for the pharmacy—amazing. Nice to know there are people who care!

GARBAGE GARBAGE ... GARBAGE

I have been following the Daily Pilot regarding the local discussion of how, who, and where to dispose of the garbage generated in Newport Beach. Whether to use separate bins. Whether to outsource our garbage collection.

Our garbage men are awesome and very personable. I say "Hi" whenever I am up and alive as they came down my alley early in the morning. They always are polite and spend a moment chatting. I think it would be very sad to dispose of these hard working fellows in favor of some outside service.

As far as sorting—I—and a lot of my neighbors never had a problem with that issue. We all bagged our newspapers separately and set them out either next to or on top of the cans. I save the wrappers from the newspapers and plastic bags from the store for banana peels, coffee grounds and other items which don't do well in the garbage disposal.

Finally, the plastic bottles. I have a bag hanging on the back of my laundry room door and we put all our plastic bottles in the bag after we crush them and put the top on so they don't reinflate. This is really easy now that most plastic bottles are made from thinner recycled plastic. Then you can either set the bottles out separately with the trash or—do as I do—and run them down to **Mary Hardesty Realty** on Agate.

Mary and her friends, family and Balboa Islanders have been saving bottles since her oldest grandson was 1—he is now 7 with \$4000.00. The money is invested and we are all waiting to see how much it adds up to when he reaches 18 and wants to go to college. I have always thought this was a fabulous idea! Save the earth and help your grandchild!

WHY WE LOVE WHO WE LOVE TOBY BASICH

"**Why We Love Who We Love**" is a new book written by T.A. Basich and available now at **Hershey's Market for \$16.95**. This book is a simple, internet interactive book on Astrology—for the beginner.

Toby's mom taught Astrology and Toby always asked everyone—including me—when their birthday was. Then she proceeded to tell me things about myself that were very true—and very interesting.

"**Why We Love Who We Love**" concentrates on your Sun, Moon and Rising Sign and for those of you who don't know—there are internet sites that will find that information for you.

Toby was born in Hollywood and grew up in Westwood and La Jolla. She first lived on Balboa Island from 1975-1979. Then she relocated to Carmel for 31 years where she was a Disk Jockey, a Band Photographer and then studied Photography with Ansel Adams.

If Toby wasn't currently living the life on Balboa Island she would love to be living on the open land of Cambria and doing volunteer work.

In the meantime her goal is to sell a million books—who knows that was "**Chicken Soup for the Soul**" author—Jack Canfield's goal at one time—and he achieved it! As they say—if you can imagine it—you can achieve it!

The first run of self-published "**Why We Love Who We Love**" sold out in 2-1/2 weeks at Hershey's! But there are more in stock now—so run down and get your copy as soon as you finish reading this!

PS. She is looking for a publisher and someone who is internet savvy who will help her list this book on E-Bay and Craig's List—if you are the person—or you know someone—please call her at **949.274.1833**. Until then—if they are out of books at Hershey's you can order one from **TA BASICH PO BOX 12, Balboa Island, CA 92662**

HONEY DO's

I love seeing **Mike McCluer** of **Island Lights**. it reminds me of the prompt fabulous work he does with a smile on his face at Christmas time— hanging all the beautiful lights. Now you can see him all year long doing home improvement jobs—electrical, plumbing, carpentry, termite damage, wood rot etc. All those little jobs that have been put on the back burner because of time constraints. Let Mike help you! Call him @**949.903.9018**

WEBSITE STILL FOR SALE Make me a credible offer!!!
www.balboa-island.com



The 20th Annual
Balboa Island Parade and After Party!
Sunday, June 2nd
Parade begins at 11:00am-Party starts right after the parade

Our 20th year and the theme is
"Balboa Island-Yesterday and Today"
An Island tradition filled with Children on Bikes, Island Dogs,
Decorated Golf Carts and Floats, Vintage Cars, Keystone Cops, Drill Teams,
Marching Bands, Local Dignitaries and much more!
Come for the parade and stay for the after party!

Featuring
Dean Torrence of "The Jan and Dean Show" right after the parade!
So come on down to Marine Avenue and help us celebrate!
Bridge closes at 10:45 am, so get here early.
Sponsored by the Balboa Island Improvement Association
For parade and entry form information
please email BIParade@att.net or call 949 673-2281

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DEE'S 'TALK OF THE COAST

Spring has visibly 'sprung' all around beautiful **Balboa Island** so let's 'keep it local'! Numerous *eye-candy* all up & down Marine Ave. I didn't know quite where to begin, but wandered into trendy Boutique '**Crush**' 1/stop shop. This upbeat shop carries reasonably-priced Jr. clothing & accessories (also great for smaller-digit gals) and had some fabulous looks for Spring. Notably, the Denim Jkts. were plentiful - both dark and trendy 'washed' looks - by label 'Celebrity Pink'. Price points @ **under 40.00** a comparative value, to the same quality as seen up in Fashion Island Dept. stores! A super-hot deal on their racks right now are the '**Bullhead Jeans**' Blowout Special for **20.00 each!** Featured in very 'now' color-trend Citron, these are the most comfortable blend of Spandex ever, like wearing a glove. Grab a pair while they last! **317 Marine Ave.** Next along the 'Fashion Trail' was a quick stop into 'new neighbor' on the street '**Lucky Seven Scarves**' down at **215 Marine.** Owner/Artist 'Brentano' (Brent, for short) has recently re-located here from Idaho w/ his wife, and is due to have his **GRAND Opening, Sat. May 4th!** His small Gallery is filled with the loveliest hand-painted Silk scarves, rack after rack, in innovatively printed watercolors - all of which he actually designs by Computer process! The fabric is 'whisper light' and they are a lovely & feminine accent to all Springtime attire. Proud to report, all his products are **Made in the USA.** Be sure to stop in and say 'hi' as he busily works on his Grand Opening or, visit Brent @ his Website **LuckySevenScarves.com** for a full Listing of ALL Scarf styles!

'**Amelia's Restaurant**' 311 **Marine Avenue** is a local favorite amongst Islanders and this is the time of year you're going to want to enjoy a glass of Wine w/ a home-made Italian meal outside on the front Patio. Be sure and watch the billboard for 'Specials' of the evening, which change daily.



A few doors down @ '**Persimmon Tree**' 229 **Marine Avenue** there was lot's of exciting Fashion happening for surf, sand AND shore. The biggest label this season on hand, is by 'Trina Turk' celebrated International Designer of splashy, geometric patterns. Her Tank-kini's and 1-Pieces, start @ around **100.00** ea. The bold colors practically jump off the suit at you - exceptional prints, guaranteed to have you standing out in the crowd! Also, another wide-spread 'trend' featured this season, the Fringed Bikini. PT carries many Swim Labels. Think **major trend ladies!** An 'old-standard' store staple year round - comfy flip-flops in a rainbow of colors by '**Haviana**'. And did you know, that you can now rent **Stand-Up Paddleboards** in the shop as well?? Plan for an afternoon of fun and sun very soon! Right across the street @ '**Rachel's Fashions**' 216 **Marine** Owner 'A.K.' invites you to come in and grab one of her popular



striped Maxi-Skirts! As I comparison-shopped she's featuring the best prices on the street, unbeatable @ **under 25.00** Also 'A.K.' wants all her loyal customers to know ALL of her apparel is also **100% MADE IN THE USA!**

Calling all 'Kitchen Connoisseurs! Get right down to '**Olive Oil & Beyond**'. The innovative options in Pasta here were *super* mind-boggling; for instance, their all-new Multi-Colored Bowtie is pasta made from Spinach, Carrot and Curry. And as always, completely artisanal and organic! You will also marvel at their new 'Dutch Hat Tortellini' - again, crafted from different organic ingredients to create a unique range of vivid colors never-before-seen. I was advised that their Sea-Salts are (also) Artisanal. Even their honeys are signature hand-crafted - from the regions of Central Italy and France. Get inspired! Stop in & see all the fantastic items in-store & please tell them you read it here in the '**Coastal Breeze**'!! Now....get out there and SHOP!!!

BALBOA BARBIE-Q




If you love Barbeque grab the Balboa Island Ferry and hop on over to the Fun Zone to Balboa Barbie-Q—we did and it was wonderful.

There were eight of us and we all tried something different—the Brisket, the Baby Back Ribs, the Burger, The Salad, The Sausage, the Chicken Sandwich, the Coleslaw and Fries. Everything was delicious. Everything is made fresh daily!

You can order a one meat or—for the more adventurous—a two meat platter. Mike had the two meat and took home half for lunch. He loved the coleslaw which was nice and creamy—just the style he loves. The Ribs were cooked to perfection. My fries were crispy as ordered and my burger was fantastic. Don't forget Wednesday Wings—when all the chicken wings are 50 cents!!

This is a family run operation—Mother Raylee, father Stoney and their daughter Nicole (who actually had lived in the area and found this location). All the recipes are Stoney's—his grandmother was from Texas and his grandfather was from Oklahoma. Mmm great places for great Barbeque.

Balboa Barbie-Q is located in the Fun Zone,
600 East Bay Avenue #A7, Balboa, CA 92661
949.673.4000 Dine-in Take-Out
www.balboabarbieq.com  **BalboaBarbieQ**

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